JOINT BASE LEWIS McCHORD DESIGN STANDARDS

DIVISION 07 - THERMAL AND MOISTURE PROTECTION SECTION 07 21 13

BOARD AND BLOCK INSULATION

# 07/18

PART 1 GENERAL

* 1. REFERENCES

The publications listed below form a part of this specification to the extent referenced. The publications are referred to within the text by the basic designation only.

ASTM INTERNATIONAL (ASTM)

ASTM C272/C272M (2016) Standard Test Method for Water Absorption of Core Materials for Sandwich Constructions

ASTM C553 (2013) Standard Specification for Mineral Fiber Blanket Thermal Insulation for Commercial and Industrial Applications

ASTM C578 (2017a) Standard Specification for Rigid, Cellular Polystyrene Thermal Insulation

ASTM C612 (2014) Mineral Fiber Block and Board Thermal Insulation

ASTM C930 (2018) Standard Classification of Potential Health and Safety Concerns Associated with Thermal Insulation Materials and Accessories

ASTM D1621 (2016) Standard Test Method for Compressive Properties of Rigid Cellular Plastics

ASTM D3833/D3833M (1996; R 2011) Water Vapor Transmission of Pressure-Sensitive Tapes

ASTM E84 (2018) Standard Test Method for Surface Burning Characteristics of Building Materials

U.S. NATIONAL ARCHIVES AND RECORDS ADMINISTRATION (NARA)

29 CFR 1910.134 Respiratory Protection

1.2 SUBMITTALS

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

NOTE: If 01 33 29 is incorporated in the specifications, select that option below. If not, select the option for 01 57 19. Include items noted at SD-01 and SD-11 as applicable, based on project scope.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Government approval is required for submittals with a "G" designation; submittals not having a "G" designation are for information only. Submittals with an "S" are for inclusion in the [Sustainability eNotebook, in conformance with Section 01 33 29 SUSTAINABILITY REPORTING]‌[Environmental Records Binder, in conformance to Section 01 57 19 TEMPORARY ENVIRONMENTAL CONTROLS]. Submit the following in accordance with Section 01 33 00 SUBMITTAL PROCEDURES:

SD-01 Preconstruction Submittals

Insulation (Recycled Content); S

Interior Materials (VOC Content); S

SD-03 Product Data

Block or Board Insulation; G

Vapor Retarder; G

Pressure Sensitive Tape;

Protection Board or Coatings;

Accessories including sealants;

SD-08 Manufacturer’s Instructions

Block or Board Insulation;

Adhesive

SD-11 Closeout Submittals

Insulation (Recycled Content); S

Interior Materials (VOC Content); S

* 1. PRODUCT DATA

Include data for material descriptions, recommendations for product shelf life, requirements for protection board or coatings, and precautions for flammability and toxicity. Include data to verify compatibility of sealants with insulation.

1.6 DELIVERY, STORAGE, AND HANDLING

* + 1. Delivery

Deliver materials to the site in original sealed wrapping bearing manufacturer's name and brand designation, specification number, type, grade, R-value, and class. Store and handle to protect from damage. Do not allow insulation materials to become wet, soiled, crushed, or covered with ice or snow. Comply with manufacturer's recommendations for handling, storing, and protecting of materials before and during installation.

* + 1. Storage

Inspect materials delivered to the site for damage and store out of weather in manufacturer's original packaging. Store only in dry locations, not subject to open flames or sparks, and easily accessible for inspection and handling. Keep materials wrapped and separated from off-gassing materials (such as drying paints and adhesives). Do not use materials that have visible moisture or biological growth. Comply with manufacturer's recommendations for handling, storage, and protection of materials before and during installation.

* 1. SAFETY PRECAUTIONS

1.7.1 Respirators

Provide installers with dust/mist respirators, training in their use, and protective clothing, all approved by the National Institute for Occupational Safety and Health (NIOSH)/Mine Safety and Health Administration (MSHA) and in accordance with 29 CFR 1910.134.

1.7.2 Other Safety Considerations

Comply with the safety requirements of ASTM C930.

PART 2 PRODUCTS

2.1 PRODUCT SUSTAINABILITY CRITERIA

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

NOTE: If 01 33 29 is incorporated in the specifications, select that option below. If not, select the option for 01 57 19.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

2.1.1 Reduced Volatile Organic Compound (VOC) Content

Provide interior products with reduced VOC content and provide documentation in accordance with Section [01 33 29 SUSTAINABILITY REPORTING][01 57 19 TEMPORARY ENVIRONMENTAL CONTROLS] paragraph REDUCE VOLATILE ORGANIC COMPOUNDS (VOC) (LOW EMITTING MATERIALS).

2.1.2 Recycled Content

Provide products with recycled content and provide documentation in accordance with Section [01 33 29 SUSTAINABILITY REPORTING][01 57 19 TEMPORARY ENVIRONMENTAL CONTROLS] paragraph RECYCLED CONTENT. For more information see [https://sftool.gov/greenprocurement/green-products/1/‌construction-materials/22/building-insulation/0?addon=False](https://sftool.gov/greenprocurement/green-products/1/construction-materials/22/building-insulation/0?addon=False) and https://www.epa.gov/smm/comprehensive-procurement-guideline-cpg-program.

* 1. BLOCK OR BOARD INSULATION

Provide thermal insulating materials as recommended by manufacturer for each type of application indicated. Provide insulation with the following physical properties and in accordance with the following standards:

a. Extruded Preformed Cellular Polystyrene: ASTM C578 REV A. For exterior wall and roof assemblies. Minimum R-value of 5 per inch thickness

2.2.1 Thermal Resistance. As indicated.

2.2.2 Fire Protection Requirements

1. Flame spread index of 100 or less when tested in accordance with ASTM E84.

2.2.3 Other Material Properties

Provide thermal insulating materials with the following properties:

1. Rigid cellular plastics: Compressive Resistance at Yield: Not less than 10 pounds per square inch (psi) when measured according to ASTM D1621.
2. Mineral fiber board: Minimum density of 6 pounds per cubic foot.
3. Water Absorption for rigid cellular plastics: Not more than 2 percent by total immersion, by volume, when measured according to ASTM C272/C272M.
4. Water Adsorption for mineral fiber board: Not more than 1 percent by volume when measured in accordance with paragraph 14 of ASTM C553.
   * 1. Prohibited Materials

Do not provide materials containing asbestos.

1. E154M REV A.

2.4 PRESSURE SENSITIVE TAPE

As recommended by manufacturer of vapor retarder. Match water vapor permeance rating for each vapor retarder specified. Provide tape in accordance with ASTM D3833/D3833M.

* 1. PROTECTION BOARD OR COATING

As recommended by insulation manufacturer.

* 1. ACCESSORIES
     1. Adhesive

As recommended by insulation manufacturer. Interior products must meet requirements at paragraph REDUCED VOLATILE ORGANIC COMPOUND (VOC) CONTENT in this section.

* + 1. Mechanical Fasteners

Corrosion resistant fasteners as recommended by the insulation manufacturer.

PART 3 EXECUTION

* 1. EXISTING CONDITIONS

Prior to installation, ensure all areas that are in contact with the insulation are dry and free of projections that could cause voids, compressed insulation, or punctured vapor retarders. For foundation perimeter or under slab applications, check that subsurface fill is flat, smooth, dry, and well tamped. Do not proceed with installation if moisture or other conditions are present, and notify the Contracting Officer of such conditions. Do not proceed with the work until conditions have been corrected and verified to be dry.

* 1. PREPARATION
     1. Blocking Around Heat Producing Devices

Provide noncombustible blocking at all spaces between heat producing devices and the floors, ceilings and roofs through which they pass. Provide in accordance with ICC IBC Section 2111.12 Fireplace Blocking and with the following clearances:

* + - 1. Recessed lighting fixtures, including wiring compartments, ballasts, and other heat producing devices, unless certified for installation surrounded by insulation: 75 mm 3 inches from outside face of fixtures and devices or as required by NFPA 70 and, if insulation is placed above fixture or device, 600 mm 24 inches above fixture.
      2. Masonry chimneys or masonry enclosing a flue: 50 mm 2 inches from outside face of masonry. Masonry chimneys for medium and high heat operating appliances: Minimum clearances required by NFPA 211.
      3. Vents and vent connectors used for venting products of combustion, flues, and chimneys other than masonry chimneys: Minimum clearances as required by NFPA 211.
      4. Gas Fired Appliances: Clearances as required in NFPA 54.
      5. Oil Fired Appliances: Clearances as required in NFPA 31.

Blocking is not required if chimneys or flues are certified in writing by the chimney or flue manufacturer for use in contact with specific insulating materials.

* 1. INSTALLATION
     1. Installation and Handling

Provide insulation in accordance with the manufacturer's printed installation instructions. Keep material dry and free of extraneous materials.

* + 1. Electrical Wiring

Do not install insulation in a manner that would enclose electrical wiring between two layers of insulation.

3.3.3 Cold Climate Requirement

Place insulation on the outside of pipes.

3.3.4 Continuity of Insulation

Butt tightly against adjoining boards, studs, rafters, joists, sill plates, headers and obstructions. Provide continuity and integrity of insulation at corners, wall to ceiling joint, roof, and floor. Avoid creating thermal bridges and voids. Provide and verify continuity of insulative barrier throughout the building enclosure.

* 1. INSTALLATION ON WALLS
     1. Installation using Furring Strips

Install insulation [between] [on] members as recommended by insulation manufacturer.

* + 1. Installation on Masonry Walls

Apply board directly to masonry with adhesive or fasteners as recommended by the insulation manufacturer. Fit between obstructions without impaling board on ties or anchors. Apply in parallel courses with joints breaking midway over course below. Place boards in moderate contact with adjoining insulation without forcing and without gaps. Cut and shape as required to fit around wall penetrations, projections or openings to accommodate conduit or other utilities. Seal around cutouts with sealant. Install insulation in wall cavities so that it leaves at least a nominal 25 mm 1 inch air space outside of the insulation to allow for cavity drainage.

c. As recommended by the insulation manufacturer.

3.4.4 Mechanical Attachment on Concrete and Masonry Walls

Cut insulation to cover walls. Apply adhesive to wall and set clip or other mechanical fastener in adhesive as recommended by manufacturer.

After curing of adhesive, install insulation over fasteners and bend split prongs to provide a flush condition with the insulation. Butt all edges of insulation and seal with tape.

3.4.5 Protection Board or Coating

Install protection board or coating in accordance with manufacturer's printed instructions. Install protection over all exterior exposed insulation and to 300 mm 1 foot below grade.

3.5 INSTALLATION ON UNDERSIDE OF CONCRETE FLOOR SLAB

3.5.1 Mechanically Fastened Systems

Size insulation to cover underside of slab. Apply adhesive to slab and set fasteners in adhesive as recommended by manufacturer. After curing of adhesive, install insulation over fasteners and bend split prongs to provide a flush condition with the insulation. Butt all edges of insulation and seal with tape.

c. As recommended by insulation manufacturer.

3.6 PERIMETER AND UNDER SLAB INSULATION

Install perimeter thermal insulation where heated spaces are adjacent to exterior walls, slab edges in slab-on-grade, or floating slab construction.

3.6.1 Manufacturer's Instructions

Layout insulation, tape edges, provide vapor retarder and other required accessories to protection against vermin, insects, and damage in accordance with manufacturer's printed instructions.

3.6.2 Insulation on Vertical Surfaces

Provide thermal insulation below grade and on edges of slabs-on-grade. Fasten insulation with mechanical fasteners.

3.6.3 Insulation Under Slab

Provide insulation horizontally under entire slab on grade. Turn insulation up at slab edge, and extend full height of slab. Install insulation on top of vapor retarder and turn retarder up over the outside edge of insulation to top of slab.

3.6.4 Protection of Insulation

Protect insulation from damage during construction and back filling by application of protection board or a coating. Do not leave installed vertical insulation unprotected overnight. Protect installed insulation from weather, including rain and ultraviolet light, from mechanical abuse, compression, and dislocation. Install protection over entire exposed exterior insulation board.

3.7 VAPOR RETARDER

Apply vapor retarder continuous across all surfaces. Overlap all joints at least 150 mm 6 inches and seal with pressure sensitive tape. Seal at sills, header, windows, doors and utility penetrations. Repair punctures or tears with pressure sensitive tape.

3.8 ACCESS PANELS AND DOORS

Attach insulation to all access panels greater than 0.1 square meter 1 square foot and all access doors in insulated floors and ceilings. Use insulation with same R-Value as that for the floor or ceiling in which each panel occurs.

-- End of Section --